

Dance Steps 2023 - 24 UNIFORM

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www.dancestepsldn.com

DANCE TYPE - GIRLS	DAY	TIME	BODYSUIT	TIGHTS/ SOCKS	SHOES
BALLET/JAZZ COMBO					
BALLET /JAZZ COMBO 4 - 5 year olds	MONDAY	5:15 - 6:00PM	Mondor Lilac (LP) short sleeve (1635) bodysuit & matching skirt (16207)	ballet pink ankle socks	pink Bloch ballet slippers & Jazz Bloch Tan S0499L/G Bootie
BALLET /JAZZ COMBO 5 - 6 year olds YR 2	MONDAY	5:30 - 6:15PM	Mondor Lilac (LP) short sleeve (1635) bodysuit & matching skirt (16207)	ballet pink ankle socks	pink Bloch ballet slippers & Jazz Bloch Tan S0499L/G Bootie
BALLET /JAZZ Gr 1 COMBO 7 year olds	MONDAY	6:15 - 7:15PM	Mondor Teal (PR) short sleeve (3535) bodysuit	ballet pink ankle socks	pink Bloch ballet slippers & Jazz Bloch Tan S0499L/G Bootie
BALLET 5 - 7 year olds	THURSDAY	5:45 - 6:30PM	Mondor Lilac (LP) short sleeve (1635) bodysuit & matching skirt (16207)	ballet pink ankle socks	pink Bloch ballet slippers & Jazz Bloch Tan S0499L/G Bootie
TEEN BALLET / JAZZ COMBO some exp	MONDAY	3:15 - 4:30PM	Mondor Ladies Empire Waist Matrix Leotard 3523	Ballerina pink tights	pink Bloch ballet slippers & Jazz Bloch Tan S0499L/G Bootie
DANCE READINESS					
BALLET 3.5 - 4 years old	SATURDAY	9:30 - 10:00AM	Mondor Pink (01) short sleeve (40035 or 1635) bodysuit and matching skirt (16207)	ballet pink ankle socks	pink ballet slippers preferably leather Bloch's
BALLET 4 - 5 years old	SATURDAY	10:30 - 11:00AM	Mondor Pink (01) short sleeve (40035 or 1635) bodysuit and matching skirt (16207)	ballet pink ankle socks	pink ballet slippers preferably leather Bloch's
BALLET					
BALLET 6 - 7 years old	SATURDAY	10:00 - 10:30AM	Mondor Lilac (LP) short sleeve (1635) bodysuit & matching skirt (16207)	ballet pink ankle socks	pink ballet slippers preferably Bloch's
BALLET 8 - 10 year olds	SATURDAY	11:00 - 11:45AM	Mondor Teal (PR) short sleeve (3535) bodysuit	ballet pink ankle socks	pink ballet slippers preferably Bloch's
BALLET 8 - 9 years	TUESDAY	4:45 - 5:30PM	Mondor Royal Blue (66) tank (3545) bodysuit	ballet pink ankle socks	pink ballet slippers preferably Bloch's
BALLET 10 - 13 years old	MONDAY	6:45 - 7:30PM	Mondor Ink Blue sleeveless bodysuits	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET 11 - 13 years old	THURSDAY	7:00 - 7:45PM	Mondor Ink Blue sleeveless bodysuits	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET 13 - 17 years old	THURSDAY	4:30 - 5:30PM	Mondor Ladies Empire Waist Matrix Leotard 3523	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET Gr 2 8 - 9 years old with Tuesday	THURSDAY	5:30 - 6:30PM	Mondor Royal Blue (66) tank (3545) bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET Gr 2 8 - 9 years old with Thursday	TUESDAY	5:30 - 6:30PM	Mondor Royal Blue (66) tank (3545) bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET Gr 4 MONDAY/WEDNESDAY			Mondor Renaissance (RR) Princess seam Spaghetti (13520) bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's
BALLET Int F MONDAY/TUESDAY	MONDAY	7:30 - 8:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's & pointe shoes
BALLET INT F with POINTE	WEDNESDAY	5:30 - 6:45PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's & pointe shoes
ADV I BALLET & POINTE TUESDAY / WEDNESDAY	TUESDAY	6:00 - 7:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Ballerina pink tights	pink ballet slippers preferably Bloch's & pointe shoes
JAZZ					
Jazz classes will require Mondor light tan tights for year-end show					
JAZZ INT F / Int COMPANY - OPEN	MONDAY	6:45 - 7:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ 8 - 10 years old	WEDNESDAY	8:15 - 9:00PM	Ink Blue Tank Bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ 11 - 13 years old	THURSDAY	7:45 - 8:30PM	Ink Blue Tank Bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ and Acro Gr 2 TUESDAY / THURSDAY	THURSDAY	4:30 - 5:30pm	Mondor Royal Blue (66) tank (3545) bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ Gr 4	WEDNESDAY	6:00 - 6:45PM	Mondor Renaissance (RR) Princess seam Spaghetti (13520) bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ INT/INT F	TUESDAY	6:15 - 7:15PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ INT F was Gr 6	WEDNESDAY	6:45 - 7:45PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ Adv	TUESDAY	7:30 - 8:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
JAZZ/ LYRICAL/ CONTEMP Adv	WEDNESDAY	6:45 - 8:15PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
TEEN JAZZ/BALLET COMBO some exp	MONDAY	3:15 - 4:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie
All Company Classes					
Senior Company					
			Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie or foot paws etc.
HOP HOP					
			Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch S0499 Tan Jazz Bootie or foot paws etc.
Hip Hop 10 - 13	THURSDAY	6:30 - 7:00PM	Dance Steps T-shirt - on webpage	black jazz or yoga pants	Dance Sneakers or indoor running shoes
Hip Hop 8 - 10 Year olds	THURSDAY	6:00 - 6:30PM	Dance Steps T-shirt - on webpage	black jazz or yoga pants	Dance Sneakers or indoor running shoes
LYRICAL/CONTEMPORARY					
Contemporary classes will require Mondor light tan tights for year-end show					
CONTEMPORARY/JAZZ 14 - 17 years old with a	WEDNESDAY	4:30 - 5:30PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch Tan S0499 Bootie, or foot paws etc.
JAZZ/ LYRICAL/ CONTEMP Adv	WEDNESDAY	6:45 - 8:15PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch Tan S0499 Bootie, or foot paws etc.
LYRICAL Gr 6/INT F	MONDAY	6:00 - 6:45PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Black dance shorts	Bloch Tan S0499 Bootie, or foot paws etc.
ACRO					
Acro classes will require Mondor light tan tights for year-end show					
Acro 5 - 7 year olds	THURSDAY	4:45 - 5:15PM	Mondor Lilac (LP) short sleeve (40035 or 1635) bodysuit	Black dance shorts	bare feet (or foot thongs)
Acro 6 - 8 year olds	WEDNESDAY	5:00 - 5:30PM	Mondor Teal (PR) short sleeve (3535) bodysuit	Black dance shorts	bare feet (or foot thongs)
Acro Jr 8 - 11	TUESDAY	5:30 - 6:15PM	Mondor Royal Blue (66) tank (3545) bodysuit	Black dance shorts	bare feet (or foot thongs)
TAP					
Tap classes will require Mondor light tan tights for year-end show					
TAP 5 - 6 years old	THURSDAY	5:15 - 5:45PM	Mondor Lilac (LP) short sleeve (40035 or 1635) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 6 - 8 year olds	WEDNESDAY	4:30 - 5:00PM	Mondor Teal (PR) short sleeve (3535) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 7 - 9 years old	TUESDAY	6:30 - 7:00PM	Mondor Royal Blue (66) tank (3545) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 7 - 10 years old	THURSDAY	6:30 - 7:00PM	Mondor Royal Blue (66) tank (3545) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 11 - 13 years old	THURSDAY	8:30 - 9:00PM	Ink Blue	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 10 - 12 years old	TUESDAY	7:00 - 7:30PM	Mondor Royal Blue (66) tank (3545) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP 3 year 8 - 10	MONDAY	7:30 - 8:00PM	Mondor Renaissance (RR) Princess seam Spaghetti (13520) bodysuit	Mondor light tan #316 full foot	black oxfords Bloch Tap S0381/301 or full sole jazz shoe
TAP Senior	TUESDAY	8:30 - 9:00PM	Capezio Cami Leo SE1072 or Mondor 1352 Black Princess Spaghetti Strap bodysuit	Mondor light tan #316 full foot	
MUSICAL THEATRE					
MUSICAL THEATRE 13 - 16	THURSDAY	8:00 - 9:00PM	Dance Steps T-shirt - on webpage	black jazz or yoga pants	Bloch S0499 Tan Jazz Bootie
MUSICAL THEATRE 9 - 12	THURSDAY	7:00 - 8:00PM	Dance Steps T-shirt - on webpage	black jazz or yoga pants	Bloch S0499 Tan Jazz Bootie
PRESCHOOL					
No specific uniform - any colour bodysuit (can have skirt) or stretchy shorts & top					barefeet or dance shoes & socks
ADULTS					
Dance Steps does not have a specific uniform for Adults. See guidelines below.					
Participants should wear stretchy clothing i.e. Yoga wear or bodysuit & tights and ballet slippers of ballet. Contemporary barefeet. Tap shoes - black oxford S0381					

Dance Stores

London Dance Shoppe - 142 Wortley Road Upper, London, ON N6C 3P5

McCulloch's - 1140 Dundas St, London, ON N5W 3A8

Dancewear Plus - 515 Wharnclyffe Rd London ON N6J 2N1

HAIR

Hair tutorial youtube...

Hair must be put up in a ballet bun or ponytail for other dance forms

<https://www.youtube.com/watch?v=IS5Aleg-fko>

Although we have specific colours for tights and shoes dancers are able to wear tights with matching shoes that better match the dancer's skin tone.

BOYS

Ballet - younger students

Jazz/contemporary/lyrical - older dancers

White short sleeve t-shirt

Black t-shirt & Black stretchy pants ie Lululemon or tights

Black stretchy shorts

white leather or canvas shoes to match white socks

black or white shoes with socks to match