

Adult FAQ

What do adult classes cost?

Session Length:	Same 60 min Class Each Week	Same 45 min Class Each Week
10 weeks	\$196.50	\$168.15

All of our prices include HST.

We accept online registration with Mastercard, Visa. Due to Covid there is no in-person registration.

When can I start?

This year we will have 3 sessions.

- 1) September 20 – December 5, 2021, There are no classes October 9 – 15 for Thanksgiving
- 2) January 3 – March 13, 2022, No Classes for March Break March 14 – 20, 2022
- 3) March 21 – May 28, 2022

How long do the classes last for?

Most of our classes are 1 hour or 45 minutes long once a week.

Our sessions run in 10-week blocks throughout the year. Priority is given to those students registered in the previous session.

Where is Dance Steps located?

275 Colborne Street (between York and Horton).

This location offers us many advantages including: a central location, free parking, high ceilings, lots of space, and a freshly built interior designed for our needs.

Where do I park?

Free Parking! There are two parking lots – one at the front of the building, one behind.
Free Street Parking on Bathurst Street if the lots are full.

Are you on a transit route?

Nearby stops for LTC buses 1, 3, 13, 22, and 26.

What do I wear?

We do not have a set uniform for adult classes. You need to wear something you can move and stretch in.

Ballet and Jazz Example: Leggings and a yoga top, or bodysuit and tights

Hip Hop Example: t-shirt or tank top and sweatpants or yoga pants

Do I need ballet slippers / what shoes should I be wearing?

Ballet – we strongly recommend you buy ballet slippers; canvas and leather are both fine

Hip Hop and Zumba – indoor running shoes

Tap – tap shoes

Jazz and Contemporary – bare feet or foot paws or jazz shoes

Where can I buy dance shoes / dance wear?

Dancewear Plus – 515 Wharnccliffe Rd S (at Commissioners) 519-657-0600

The London Dance Shoppe – 245 Maitland Street 519-659-1265 (by appointment only)

McCulloch's – 1140 Dundas St 519-659-3787

Note: We recommend you call them to confirm their hours before you go.

How old are people in the classes?

Adult classes are open to dancers ages 18 and over. Our classes tend to be a mix of Western/Fanshawe students, young professionals, and parents of our dancers.

Do I need to have any experience?

Most of our classes are open to beginners – except jazz, and those marked “Intermediate” or “with experience”. We find our classes tend to be a mix of people who have never danced but want to give it a try and people who used to dance and want to get back into it

What level is the difference between “Intermediate” and “Beginner” Ballet?

Our “Intermediate” Ballet class is for dancers with ballet a few years of adult ballet class experience. Our beginner class is for dancers who are new to ballet or had a few years of experience as a child. Dancers are able to switch to a different level if they try one class and think the other would be a better fit (provided there is availability).

When do I move into the next level?

Dancers are encouraged to sign up for more than one session of the same class. We suggest dancers take the Ballet Beginner class for at least a full year before advancing to Ballet II.

How quickly do the classes progress?

Adult classes tend to progress quite quickly as adults are aware of their bodies and able to interpret instruction. Our teachers are great at adjusting the exercises each week to meet the class progression.

How large are the classes?

Classes average 6 to a maximum of 8 people.

Where do I put my stuff?

We have shelves at the front door for outdoor shoes. The Changeroom will not be available during Covid – 19. You may bring a small purse or dance bag into the studio if you wish.

Who are the instructors?

Our instructors are Dance Steps teachers. You can read more about our instructors under “Staff” on our website.

COVID – 19 Procedures – Please see our video on Covid – 19 Procedures

<https://www.youtube.com/watch?v=rXBgxGjUGEM>